

Criterion VI Br&Br : Session: 94: COACH evaluation sheet for TEAM: ZCK

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van den Brande Liesbeth HEADCOACH

Coaches: Brugghemans Suzanne

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 14:37	
Heat: 2/7 Lane : 3 Athlete: DE SAEGER JULIE							Q-time: 03:31:94	
PB (25m pool): 03:31.94 Meise 22/06/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.58		no time		no time		03:31.94
	00:45.58							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 14:37	
Heat: 2/7 Lane : 4 Athlete: VAN DEN EYNDE PAULIEN							Q-time: 03:54:49	
PB (25m pool): 03:54.49 Meise 22/06/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:55.89		no time		no time		03:54.49
	00:55.89							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 14:42	
Heat: 3/7 Lane : 3 Athlete: SCHAERLAEKEN NOOR							Q-time: 03:22:58	
PB (25m pool): 03:22.58 Meise 22/06/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.39		no time		no time		03:22.58
	00:44.39							
								

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 14:42	
Heat: 3/7 Lane : 4 Athlete: TAJEDDINE INES							Q-time: 03:26:50	
PB (25m pool): 03:26.50 Meise 22/06/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.93		no time		no time		03:26.50
	00:52.93							
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+										Heat:1, starttime: 15:12	
Heat: 1/10 Lane : 1 Athlete: DE MUNCK MATTHIAS										Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time						
	2 5 M		5 0 M								
PB			no time								
	no time										
											

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+							Heat:2, starttime: 15:14	
Heat: 2/10 Lane : 1 Athlete: VAN DEN BRANDE JASPER							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): 00:46.00 SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+							Heat:3, starttime: 15:16	
Heat: 3/10 Lane : 1 Athlete: MOENS BAS							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 15:16
Heat: 3/10 Lane : 3 Athlete: PODBIELSKI JAN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 15:18
Heat: 4/10 Lane : 2 Athlete: VAN DEN EYNDE MICHIEL			Q-time: 99:99:99
PB (25m pool): 00:51.65 Tremelo 14/01/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:51.65	
	00:51.65		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 15:18
Heat: 4/10 Lane : 3 Athlete: VAN DEN BROECK DENNIS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 15:25
Heat: 8/10 Lane : 1 Athlete: VANDERWEE MATTIAS			Q-time: 00:42:63
PB (25m pool): 00:42.63 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:42.63	
	00:42.63		
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 15:30
Heat: 1/7 Lane : 1 Athlete: REYNIERS SINNE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:54.04 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 15:31
Heat: 2/7 Lane : 2 Athlete: VAN DEN EYNDE PAULIEN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 15:33
Heat: 3/7 Lane : 3 Athlete: TAJEDDINE INES			Q-time: 00:52:62
PB (25m pool): 00:51.66 Tervuren 27/04/2024			PB (50m pool): 00:52.62 SB: no time
	2 5 M	5 0 M	
PB		00:51.66	
	00:51.66		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 15:34
Heat: 4/7 Lane : 2 Athlete: DE SAEGER JULIE			Q-time: 00:43:49
PB (25m pool): 00:43.49 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): no time SB: 00:45.19 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:43.49	
	00:43.49		
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+				Heat:4, starttime: 15:34
Heat: 4/7 Lane : 3 Athlete: SCHAERLAEKEN LANA				Q-time: 00:44:71
PB (25m pool): 00:44.71 Tremelo 12/01/2025				PB (50m pool): no time SB: no time
	2 5 M	5 0 M		
PB		00:44.71		
	00:44.71			
				

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+				Heat:6, starttime: 15:37
Heat: 6/7 Lane : 1 Athlete: SCHAERLAEKEN NOOR				Q-time: 00:40:40
PB (25m pool): 00:40.40 Kapelle-op-den-Bos 21/04/2025				PB (50m pool): no time SB: no time
	2 5 M	5 0 M		
PB		00:40.40		
	00:40.40			
				

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:1, starttime: 15:56
Heat: 1/11 Lane : 1 Athlete: VAN DEN BRANDE JASPER					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:2, starttime: 15:58
Heat: 2/11 Lane : 1 Athlete: PODBIELSKI JAN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:2, starttime: 15:58
Heat: 2/11 Lane : 3 Athlete: MOENS BAS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:3, starttime: 16:01
Heat: 3/11 Lane : 1 Athlete: DE MUNCK MATTHIAS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:4, starttime: 16:03
Heat: 4/11 Lane : 4 Athlete: VAN DEN BROECK DENNIS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:7, starttime: 16:10
Heat: 7/11 Lane : 2 Athlete: VAN DEN EYNDE MICHIEL					Q-time: 01:21:45
PB (25m pool): 01:21.45 Tremelo 12/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.53		01:21.45	
	00:38.53 00:42.92				
					

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:8, starttime: 16:12
Heat: 8/11 Lane : 4 Athlete: VANDERWEE MATTIAS					Q-time: 01:19:80
PB (25m pool): 01:19.80 Tienen 26/10/2025					PB (50m pool): no time SB: 01:19.80 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.14		01:19.80	
	00:37.14		00:42.66		
					

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 16:24
Heat: 3/7 Lane : 1 Athlete: SCHAERLAEKEN LANA					Q-time: 01:27:91
PB (25m pool): 01:27.91 Bastogne 06/04/2025					PB (50m pool): no time SB: 01:30.43 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.36		01:27.91	
	00:41.36		00:46.55		
					

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+					Heat:2, starttime: 16:49
Heat: 2/7 Lane : 2 Athlete: VAN DEN EYNDE MICHIEL					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+					Heat:2, starttime: 16:49
Heat: 2/7 Lane : 4 Athlete: VAN DEN BROECK DENNIS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

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Event number: 11: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 16:51
Heat: 4/7 Lane : 2 Athlete: VANDERWEE MATTIAS			Q-time: 00:44:61
PB (25m pool): 00:44.61 Liedekerke 01/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:44.61	
		00:44.61	
			

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 17:00
Heat: 3/6 Lane : 3 Athlete: REYNIERS SINNE			Q-time: 00:51:06
PB (25m pool): 00:51.06 Kapelle-op-den-Bos 21/09/2025			PB (50m pool): 00:49.18 SB: 00:51.06 Kapelle-op-den-Bos 21/09/2025
	2 5 M	5 0 M	
PB		00:51.06	
		00:51.06	
			

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 17:02
Heat: 4/6 Lane : 1 Athlete: TAJEDDINE INES			Q-time: 00:44:98
PB (25m pool): 00:44.98 Liedekerke 01/05/2025			PB (50m pool): 00:46.39 SB: no time
	2 5 M	5 0 M	
PB		00:44.98	
		00:44.98	
			

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+			Heat:4, starttime: 17:02
Heat: 4/6 Lane : 3 Athlete: SCHAERLAEKEN LANA			Q-time: 00:43:90
PB (25m pool): 00:43.90 Bastogne 06/04/2025			PB (50m pool): no time SB: 00:45.90 Kapelle-op-den-Bos 21/09/2025
	2 5 M	5 0 M	
PB		00:43.90	
		00:43.90	
			

Coach feedback:

Criterium VI Br&Br : Session: 94: COACH evaluation sheet for TEAM: ZCK

Event number: 12: 50M BACKSTROKE WOMEN 11+							Heat:5, starttime: 17:04	
Heat: 5/6 Lane : 1 Athlete: SCHAERLAEKEN NOOR							Q-time: 00:40:10	
PB (25m pool): 00:40.10 Liedekerke 01/05/2025							PB (50m pool): no time SB: no time	
	2 5 M		5 0 M					
PB			00:40.10					
	00:40.10							
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 17:41	
Heat: 3/5 Lane : 2 Athlete: VAN DEN EYNDE PAULIEN							Q-time: 04:25:18	
PB (25m pool): 04:25.18 Ternat 30/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		01:00.23		02:10.94		no time		04:25.18
	01:00.23		01:10.71					
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 17:45	
Heat: 4/5 Lane : 3 Athlete: REYNIERS SINNE							Q-time: 03:45:58	
PB (25m pool): 03:45.58 Ternat 14/12/2025				PB (50m pool): no time SB: 03:45.58 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.81		01:48.60		no time		03:45.58
	00:50.81		00:57.79					
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 17:50	
Heat: 5/5 Lane : 3 Athlete: DE SAEGER JULIE							Q-time: 03:38:11	
PB (25m pool): 03:48.76 Liedekerke 01/05/2025				PB (50m pool): 03:38.11 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.91		01:48.76		no time		03:48.76
	00:49.91		00:58.85					
								

Coach feedback: